



County of Santa Cruz



HEALTH SERVICES AGENCY

PUBLIC HEALTH DIVISION

Santa Cruz County SIDS Program

1060 Emeline Ave., Santa Cruz, CA 95060

Phone:(831) 454-4339 Fax:(831) 454-4770

Sudden Infant Death Syndrome (SIDS) Grief and Loss Resource List

Cribs for KIDS

- The [Cribs for Kids® Healing Hearts Infant Bereavement Resources](#) program provides a [resource guide](#) (PDF 1.3 MB), ideas for dealing with grief, and [other grief resources](#) (PDF, 174 KB) from, and for, bereaved parents. The organization also supports the [Still Remembered Project](#), a community that helps families and friends support each other through the grieving process.

First Candle

- [First Candle](#) is a nonprofit organization launched by two families who lost babies to sleep-related infant death, is committed to helping babies reach their first birthdays, and to supporting families who have suffered a loss. They offer a range of support for grieving families, including a [grief packet](#), [online support groups](#), and [other resources](#).

Hand of the Bay Area (Web-based materials and one-one peer support available in Spanish).

<https://handsupport.org/>

Grief support meetings held in Santa Cruz.

For information call: 831-438-4513

Hospice of Santa Cruz County (Services Available in English/ Spanish)

<https://www.hospicesantacruz.org/grief-support/>

Offers grief support for adults, youth, and families.

Call: 831-430-3000

Email griefsupport@hospicesantacruz.org

Jacob's Heart

<https://www.jacobsheart.org/>

Individual and group counseling services.

Call: 831-724-9100

SHARE (Services Available in English/ Spanish)

<http://nationalshare.org/>

Pregnancy and infant loss support.

Phone: 800-821-6819

Email: info@nationalshare.org

SIDS America

<http://www.sidsamerica.org/>

Faith-based support/resources for bereaved parents of SIDS infants.

SIDS Network (Translation on web- Spanish, French, German, Italian, & Portuguese)

<http://www.sids-network.org/>

Information on SIDS, SIDS research, and SIDS resources.

Star Legacy Foundation

<https://starlegacyfoundation.org/>

Information, peer support and online support groups for families experiencing pregnancy loss, stillbirth, or pregnancy after a loss.

Phone: 952.715.7731; ext. 1

The Compassionate Friends of Santa Cruz County

<http://www.tcfsantacruz.com/>

Offers in-person and virtual support groups. Call for more latest information.

Phone: 831-332-9893

E-mail: tcfsantacruz@gmail.com

Facebook: www.facebook.com/TCFUSA

Funeral Services and Support

Aeron's Foundation (Services Available in English/ Spanish)

<https://www.aeronsfoundation.org/>

A nonprofit organization to help SIDS parents by funding funeral costs for newly bereaved families, and for promoting SIDS awareness.

Ave Maria Memorial Chapel

www.avemariamemorialchapel.com

Contact organization to verify services meet your needs.

Phone: 832-724-4751

Benito and Azzaro

<https://pacificgardenschapel.com/>

Specializing in services for child loss. Contact organization to verify services meet your needs.

Phone: 831-515-6661

Mehl's Colonial Chapel

www.mehlschapel.com

Contact organization to verify services meet your needs.

Phone: 831-724-6371

Oakwood Memorial Chapel

www.scmemorial.com

Contact organization to verify services meet your needs.

Phone: 831-475-2464

Santa Cruz Memorial

<http://www.scmemorial.com/>

Memorial planning and grief resources. Contact organization to verify services meet your needs.

Phone: 831-426-1601

For Spanish call: 831-588-5389

Email: info@scmemorial.com

Santa Cruz Watsonville Cremation and Burial Services

https://cremationsantacruz.com/?_vsrefdom=gmb

Specializing in services for child loss. Contact organization to verify services meet your needs.

Phone: 831-400-3064 or 831-431-8023

Tulip

<https://www.tulipcremation.com/>

Cremation services. Contact organization to verify services meet your needs.

Phone: (844) 942-4909

Helplines

**If you are in a suicidal crisis, please call or text 988 to reach the
Suicide and Crisis Lifeline.**

988lifeline.org

National Maternal Mental Health Hotline

[National Maternal Mental Health Hotline | MCHB \(hrsa.gov\)](https://www.hrsa.gov/maternal-mental-health)

24/7, free, confidential hotline in English or Spanish

Call or text 833-TLC-MAMA (833-852-6262)

TTY Users can use preferred relay service or dial 711 and then 1-833-852-6262

Postpartum Support International (Available in English/ Spanish)

www.postpartum.net

Online support groups, 24/7 warmline, and online listing of counseling providers who specialize in maternal wellness.

PSI Helpline: 800-944 4773

Text "HELP" to 800-944-4773

Text en Espanol: 971-203-7773

Star Legacy Foundation Support Line

This is not a crisis line. Calls are answered 8-8pm Voicemails are returned within 4 hours between 8-8pm.

Call 952-715-7731, Ext. 1

Text: "Help" to 952-715-7731